



The Intentional Teacher: Caring and Daring to Do What IS Best

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Session Notes

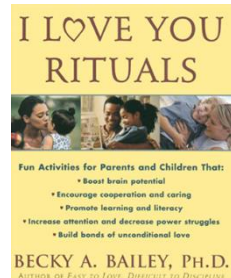
Let's start with a **Brain Smart Start™**:

- ♥ Activity to Unite
- ♥ Activity to Disengage Stress
- ♥ Activity to Connect
- ♥ Activity to Commit

1. Reach Out to Kids ... All kids ...

- ♥ Kids who push our buttons
- ♥ Kids with eyes as empty as the rooms of their house
- ♥ To their families
- ♥ To our colleagues ...

**Twinkle, twinkle little star,
What a wonderful person you are.
With big bright eyes and rosy cheeks,
Talented person from head to feet.
Twinkle, twinkle little star,
What a wonderful friend you are!**



2. Give Thanks that We Make a Difference ...

- ♥ Reconnecting with former students
- ♥ Carrying on the teaching tradition
- ♥ Making a difference ... REALLY making a difference!!
Think about this ... *Change the First Five Years and You Change EVERYTHING!*

3. Teach Kids to Love Themselves Unconditionally

- ♥ Ben's Story
- ♥ Encourage Mistake Making
- ♥ Create a School Family™

Humpty Dumpty sat on the wall.
Humpty Dumpty had a great fall.
All the queen's horses and all the king's men
COULD put Humpty together again.



4. Listen with your Ears and Eyes

♥ Sarah's story (part 2)

♥ Connect, **Connect**, **CONNECT!**

Here is the bunny
With ears so funny.
And here is the hole in the ground.
When a noise he hears,
He picks up his ears,
And jumps in the hole in the ground!



♥ Relationships are **KEY** for everyone

How do we create these **QUALITY** relationships in our classrooms??

5. Look around at all the possibilities

♥ Choose to integrate your curriculum

♥ Remember kids learn by doing ... make learning engaging!

♥ Build on kids' interests

♥ Embed standards meaningfully

♥ Be developmentally appropriate

♥ Cherish the **PROCESS** of learning



Brain Gym® -- Ear Rub

6. Shake off the Burdens

Partner Share: **WHAT** and/or **WHO** are some of the overwhelming facets of the work we do??

♥ Be good to yourself, so you can be good to others

Partner Share: **What do YOU do for YOU?**

- Ways you nurture yourself?
- Ways you celebrate yourself?
- Ways you take care of yourself?



♥ Find balance in your life

7. Face Each Day Anew

♥ Darius' Story

♥ Attitude is everything

**Tell me and I forget. Teach me and I remember.
Involve me and I learn. --Benjamin Franklin**

